



LIFE MAGAZINES

MONTHLY A5 LOCAL LIFESTYLE MAGAZINES

LEISURE - Summer Activities

The summer holidays are just around the corner and it's a great opportunity to try out something new and different. If you enjoy arts and crafts then there are plenty of summer long courses or alternatively daylong courses as well.

However, the summer is a great time to go outside and enjoy the weather, for which there are plenty of family summer activities to do; there is white water rafting which is great for teenagers and float trips which suit younger children. This is the slightly more scenic option but a great way to teach younger children about nature at the same time.

Another great family day or evening out is to go to an outdoor concert, preferably if it's warm. This is great fun for both younger and older children because you can sing or shout along and it's also a fantastic opportunity to bring along a picnic, which will help to cut down on costs as well.

On the other hand, you can take a day trip and visit historical sites such as Lincoln Castle or take a trip to Cornwall and visit the many tourist attractions, from its extensive beaches to the Eden Project.

However, if you don't want to go beyond your local town or if you are looking for something slightly cheaper, libraries now provide reading groups for younger

children where they can listen to stories being told or join a supervised reading programme.

Alternatively, there are the slightly more adventurous activities especially for older children; for example, there is indoor/outdoor karting, paintballing and zorbing. This is where you are put inside a giant, transparent plastic ball, sometimes filled with water, and then rolled down a hill which is often gently sloping. There is a separate inner ball so the air between can act as a shock absorber, preventing injury.

Whatever you decide, to choose there are plenty of possibilities to have some fun and prevent summer boredom. Hope you have a good one!

Bryony Ashmore
Age 16