



LIFE MAGAZINES

MONTHLY A5 LOCAL LIFESTYLE MAGAZINES

ABOUT FACE - Medical Aesthetics and Permanent Make-up

About Face, who specialise in medical aesthetics and permanent make-up, are delighted to announce their arrival in Nottingham. With regular clinics at Peterborough, Northampton, Huntingdon and Milton Keynes, their new clinic at Shapers Hair and Beauty Salon in Bingham enables them to bring their range of treatments and many years of expertise to Nottinghamshire.

About Face consists of a team of two skilled practitioners: Qualified nurse, Karen Mellors, has many years experience as a theatre nurse in a cosmetic surgery clinic. Karen is a medical aesthetician whose treatments include dermal fillers, removal of forehead lines and wrinkles and glycolic and TCA skin peels. Sarah Townsend is a permanent make-up practitioner, using Nouveau Contour® permanent cosmetics, an advanced form of cosmetic tattooing, to permanently enhance the features. Both practitioners offer a detailed consultation and advice before performing any procedures. They also work closely with renowned cosmetic surgeon, Anthony Erian, and are able to refer patients to him for surgical cosmetic procedures.

I have had dermal fillers, which add volume and fill lines, on previous occasions but I was really impressed by Karen's warm and friendly manner and very gentle technique when I was invited to try some dermal filler in the lines running from my nose to mouth. Following the consultation, some cream was applied to numb the area so that the procedure was virtually painless and the results were impressive; I definitely look younger (but no-one has guessed why!), the product feels natural and there are no lumps or bruises visible. There are several products available as dermal fillers and, rather than training in the use of just one, Karen chooses between Restylane, Juvederm or Teosyl, depending upon which would be the most suitable for the individual client. Karen has trained many other practitioners in medical aesthetics and her years of experience are very apparent from

her technique. Other procedures available include using injectables to remove crows feet, forehead lines and wrinkles as well as medical skin care procedures including Neostrata Glycolic Peels and Easy Peels TCA Peels and a full skin care range is available to purchase.

The majority of women use make-up every day, feeling more attractive and confident whilst wearing it. Sarah uses permanent make-up to subtly enhance eyes, eyebrows, lips and cheeks. Eyes can appear larger and lashes thicker; brows become perfectly shaped creating the effect of an instant brow lift, a fabulous treatment for those of us who have over plucked eyebrows; lips can become fuller and younger looking with a lip blush and liner creating a subtle but definite lip line. The Nouveau Contour® technique can also be used to help alopecia and hair loss sufferers, to reconstruct areola and to camouflage scar tissue. Sarah implants tiny individual implants of pigment into the dermal layer of the skin to perform these procedures. It is virtually painless and the effects are stunning, whilst looking natural – the ideal answer to nature's ageing process! If you would like to watch Sarah applying semi permanent make-up to my lips, come along to Shapers charity open evening at the salon in Bingham on 28th October between 5pm and 9pm where you can ask any questions and see the results for yourself! All proceeds of the evening will go to PASIC, the local parents association for seriously ill children suffering with cancer.

For further information on About Face, contact Karen on 07730 898337 for medical aesthetics or Sarah on 07803 943232 for permanent make-up or ask at the Shapers salon for further details. A younger looking and more confident you could be just around the corner.