



# LIFE MAGAZINES

## MONTHLY A5 LOCAL LIFESTYLE MAGAZINES

### GROUPS, CLUBS & CLASSES / SOUTHWELL

#### Groups

---

Do you run a local group, club or class? If you would like to be included in Southwell Life each month please email your information to penny@life-magazines.co.uk or telephone Penny on 01636 815561. No charge is made for these listings.

**Friends of Sees Twinning Association**

Barry Pearson 01636 671824

**Potwell Dyke Grasslands Action Group**

Tony Morris 01636 819050

**Southwell and District Live at Home Scheme**

Nicola Ebdon 01636 816565

**Southwell Medical Users Group**

Dennis Brown 01636 812843

**Southwell & Bilsthorpe Carers' Support Group**

Maeve Stinson 01636 685612

**Voluntary New Support Group for Obese and Overweight People**

Rachel Johnson 01636 593945

**Southwell Minster Mothers' Union**

Gwen Bragg (Sec) 01636 812527

**Southwell Defibrillator Group**

John Parlatt, Group Co-Ordinator 01636 812784.

**Southwell Weight Watchers**

Trebeck Hall, Bishops Drive, Southwell. Monday 1pm - 2pm;  
Monday 6.30pm- 7.30pm. Leader Sonia Holmes 01623 882541

**WI**

Carol Bristow 01636 813625

#### Clubs

---

**Badminton Development Group**

John Tarry 01636 812790

**Bridge Club**

Miss N Harrison 01636 812820

**Cricket Club**

Peter Johnson 01636 813034

**Photographic Club**

Mr. M Lucas 01636 812456

**Probus 2000**

Rosie Mollyneux 01623 882807

**Radcliffe-on-Trent Male Voice Choir**

Anthony Swannell 0115 8778934

**Roaring 40's Get Fit Club**

Martin Stott 01636 816817

**Rotary Club**

Mr. P Cox 01636 814927

**Rugby Club**

01636 812576

**Running Club**

Mr. John Cummins 0115 9664654

**Senior Citizen's Club**

Mrs. H Crowder 01636 830687

**Southwell Badminton Club**

Junior and Senior Steve Ingall 01636 830133

**Southwell Burgage Probus Club**

Mr. Dennis Wood 01636 816329

**Southwell Centre Badminton Club**

John Tarry 01636 812790

**Southwell Burgage Probus Club**

Mr. Dennis Wood 01636 816329

**Southwell Centre Badminton Club**

John Tarry 01636 812790

**Southwell Choral Society**

Pam Brewerton Tel 01636 815081



# LIFE MAGAZINES

## MONTHLY A5 LOCAL LIFESTYLE MAGAZINES

### GROUPS, CLUBS & CLASSES / SOUTHWELL

#### **Southwell City Football Club**

Pat Johnson 01636 812594

#### **Southwell Croquet Club**

Alison Sutherland 831026.

#### **Southwell & District Lions Club**

Tony Key

#### **Southwell Flower Club**

Sue Hartley 01623 883339

#### **Southwell Gentlemen's Probus Club**

Mr. Padmore 01636 815185

#### **Southwell Ladies' Probus Club**

Mrs. Carolyn James 01636 813829

#### **Southwell Railway Club**

Mr. David Barnsdale 01949 20276

#### **Southwell Squash Club**

Alan Wahlers 01623 882715

#### **Southwell Town Bowls Club**

Gillian Ramsay 01636 814873

**Southwell Morning Women's Institute** Meet the third Tuesday in each month at the W.I. Hall 10am to noon, visitors very welcome. Contact Suzanne Cooling (President) on 01636812741

#### **Southwell U3A**

Judith Robbins 01636 812641

#### **Southwell Lawn Tennis Club**

Richard Nix 01636 815020 [www.southwelltennis.org.uk](http://www.southwelltennis.org.uk)

#### **The Sherlock Holmes Society of Nottinghamshire**

Simon Hall [sdehall2000@yahoo.co.uk](mailto:sdehall2000@yahoo.co.uk)

#### **The Society of Recorder Players**

Terry Gill 01636 812648

#### **Young Farmers' Club (age 10-30yr)**

D Brown 01623 883041

#### **Southwell Royal British Legion**

Andrew Gregory 01636 813166

#### **The Ramblers' Association Southwell Group**

Dave Johnson 01636 814277

### Classes

---

#### **Piano Lessons for Adults at Music in the Yard**

Andrew Martin 01636 814411 for more details.

#### **Fitness Classes**

Circuit, Aerobics, Step at the Leisure Centre & Thurgarton Village Hall Sue Prochnicki 01636 815338

#### **Pilates**

Philippa Burnett 01636 673931

#### **Yoga**

Mrs Gill Arrowsmith 01636 812908

#### **Yoga – Pure Bliss Yoga**

Katherine Rushton 01636 605603

#### **Salsa Dance Classes**

Trebeck Hall, Bishops Drive, Southwell, Thurs 7.30pm beginners, 8.30pm improvers, Jo Pearson 0781 2060733

#### **Adult Ballet Classes at The Southwell School of Dance**

Monday evenings & Thursday mornings Bethany Sweeney 01636 813632

#### **Amanda's Adult Dance Class**

07900 083335

#### **Aerobics Classes and Keep Fit Classes**

At the Methodist Hall and at Southwell Leisure Centre, suitable for all ages, first class free. Frances Dickins 01636 812121