



LIFE MAGAZINES

MONTHLY A5 LOCAL LIFESTYLE MAGAZINES

COMMUNITY PAGE / TRENT VALLEY

Community events and information

Dover Beck Flower Club - Burton Joyce

Meeting at Burton Joyce Village Hall, Trent Lane, Burton Joyce. Doors open at 7pm for a 7.30pm start. There is a small charge of £4 for visitors, who will be made most welcome. Next meeting March 19th – Jackie O'Hare presents 'The Mad March Hare'. For further information please telephone 0115 9264649

East Bridgford Tennis Club

Are you new to this area, or perhaps just wanting a change? Our long established Tennis Club now needs Match Players for the Men's team currently in Notts Division 4A. The cost of our membership is very competitive. Social players are also welcome. If you are up for the challenge and require further details about joining this friendly Club together with all the social events we host throughout the year, please contact Dave Watkins on 01159313109 or Jon Mitchell on 01949 829141, our joint Men's Team Captains, or visit our website: <http://eastbridgfordtennisclub.co.uk/>

Wanted - Therapists & Stallholders for Ladies Pamper Evening on Wednesday 1st April 2009

Following last year's successful Ladies Pamper Evening held at Southwell Minster School, we would be interested to hear from any owners of small businesses who may wish to participate in this year's event.

Please contact Julia Hackett on 07891 582870 or email: j.j.Hackett@btopenworld.com

Southwell Business Club

Meet first Tuesday of each month in the function room of The Full Moon at Morton 7.30pm-9.30pm. Friendly informal networking, meet other local business people; why not give it a try? Email penny@life-magazines.co.uk for further details or telephone 01636 815561

Ladies Pamper Evening - Southwell Minster School PTA

Wednesday 1st April 2009 7.30pm. Whole range of mini beauty treatments, holistic remedies, image consultants, massage and wide range of stalls selling crafts, jewellery, chocolate, cosmetics and gifts. £5 to include glass of wine, £2.50 under 16's including soft drink. For tickets call Louise Rogers 0115 9312954

East Bridgford Badminton Club

We welcome new players. Why not come along and join us for some great games of Mixed, Men's & Ladies Badminton held in the East Bridgford Village Hall on Main Street. We play each week from 8.15pm starting in October until the last week of April

and also enjoy an occasional Social Evening out for members and guests during the year.

Players of a reasonable standard in East Bridgford or any of the surrounding villages can ring Sue Day on 01949 21218 for further information on how to get involved with this friendly Badminton club.

Local Pilates Classes

Small friendly classes. increase strength & flexibility whilst improving posture, coordination & balance through gentle exercise & stretching. Classes: Burton Joyce, Monday 7:45 - 8:45 pm & Thursday 7:30 - 8:30 pm. Caythorpe, Thursday 3 - 4pm. Small groups & private sessions arranged. Member of the Register of Exercise Professionals. Contact Jeanette on 0115 8418789 for more details.

TinyTalk Baby Signing Classes

Newborn - 2 years on Wednesday and Friday mornings. Please book with Alison Salmon 01636 815341 or 07963 379615 Alisonsa@tinytalk.co.uk

Kumon Maths and English After-School Programmes

Work at a pace tailored to your child's needs. Southwell study centre (0115) 953 2617

Mathswizards

Small, fun maths classes for children of all abilities from 5-11 yrs. Mon Woodborough Village Hall 4-5pm; Tue Bleasby Village Hall 3.45-4.45pm
Wed Elston Village Hall 3.10-4.10pm; Thurs Flintham Village Hall 3.30-4.30pm
Fri Bingham Church House 4.45-5.45pm. Telephone Sue Byrne 01949 20983